



Oppositional Defiant Disorder (ODD)

Oppositional defiant disorder (ODD) is defined by negative and disruptive behaviour, particularly towards authority figures, such as parents and teachers.

Information taken from www.nhs.uk

Sometimes it's difficult to recognise the difference between a strong-willed or emotional child and one with oppositional defiant disorder. It's normal to exhibit oppositional behaviour at certain stages of a child's development. Signs of ODD generally begin during preschool years. Sometimes ODD may develop later, but almost always before the early teen years. These behaviours cause significant impairment with family, social activities, school and work.

Criteria for diagnosis of ODD show a pattern of behaviour that:

- Includes at least four symptoms from any of these categories — angry and irritable mood; argumentative and defiant behaviour; or vindictiveness
- Occurs with at least one individual who is not a sibling
- Causes significant problems at work, school or home
- Occurs on its own, rather than as part of the course of another mental health problem, such as a substance use disorder, depression or bipolar disorder
- Lasts at least six months

These behaviours must be displayed more often than is typical for your child's peers. For children younger than 5 years, the behaviour must occur on most days for a period of at least six months. For individuals 5 years or older, the behaviour must occur at least once a week for at least six months.

ODD can vary in severity:

- **Mild.** Symptoms occur only in one setting, such as only at home, school, work or with peers.
- **Moderate.** Some symptoms occur in at least two settings.
- **Severe.** Some symptoms occur in three or more settings.

For some children, symptoms may first be seen only at home, but with time extend to other settings, such as school and with friends.

Information taken from <http://www.mayoclinic.org/>

Useful Websites:

<http://www.nhs.uk/Conditions/Attention-deficit-hyperactivity-disorder/Pages/Symptoms.aspx>

<http://www.mayoclinic.org/diseases-conditions/oppositional-defiant-disorder/basics/symptoms/con-20024559>

<http://www.webmd.com/children/guide/oppositional-defiant-disorder>

<http://www.cafamily.org.uk/medical-information/conditions/c/conduct-disorder-and-oppositional-defiant-disorder/>

<http://www.mdjunction.com/oppositional-defiant-disorder>



Mind-map taken from www.twinkl.co.uk